# MonDay Newsletter

October 2026 – FY2027, Issue 1

## Director's Update – Benjamin Sexton

### STRENGTHENING OUR APPROACH TO TREATMENT AND RESIDENT SUCCESS

**Greetings,**



Happy Autumn to everyone.

As we move into a new season, our focus at MonDay remains on strengthening our services, supporting our staff, and improving resident outcomes. The work is challenging, but each day brings an opportunity to make a meaningful difference.

One priority is continuing to strengthen our coaching model. This approach emphasizes guiding residents through purposeful conversations, asking questions that encourage self-reflection, and helping them identify solutions and take ownership of their progress rather than simply directing their behavior. Beyond addressing behavior and meeting expectations, coaching helps residents recognize their own strengths, take responsibility for their decisions, and develop the skills needed for lasting change.

We also want to build on our progress in resident success rates by giving residents greater ownership of their treatment. Encouraging them to identify their needs, set goals, participate in treatment planning, and prepare for their return to the community helps build the confidence and accountability necessary for long-term success.

This approach requires balancing support with accountability. It also requires each of us to maintain the highest standards of professionalism, ethics, and consistency in our daily interactions. How we communicate and present ourselves, the professional boundaries we maintain, and the example we set all contribute to the culture of MonDay and the quality of care we provide.

**The work we do and the example we set can have a lasting impact on the people we serve.**
As we look ahead, let's continue challenging ourselves to improve, supporting one another, and engaging residents in their own progress. Our goal is not simply program completion, but helping residents leave with the skills and insight to build a better future.

Thank you for your continued dedication to our residents, our team, and the mission of MonDay.
**The progress we make together, one conversation, one decision, and one resident at a time, matters.**

Thank you,

Benjamin Sexton MA, PhD(c), LPCC, LICDC

# Celebrating Our Community Partners: Investing in Hope, Healing, and Change

At MonDay CCI, we recognize that meaningful rehabilitation and successful reentry are strengthened by the community partners who share our commitment to helping individuals build healthier, more productive lives. We are incredibly grateful for the organizations and leaders who invest their resources, expertise, and vision in this work.

## ADAMHS: Strengthening Recovery Through Partnership

We extend our sincere appreciation to the Alcohol, Drug Addiction, and Mental Health Services (ADAMHS) Board of Montgomery County for its continued investment in our programming and the individuals we serve. Through its funding support, MonDay has been able to provide impactful services, including Eye Movement Desensitization and Reprocessing (EMDR), mindfulness programming, Peer Recovery Support Services, and assistance with medications for opioid use disorder (MOUD).

These services offer residents meaningful opportunities to address trauma, strengthen emotional regulation, connect with recovery support, and access evidence-based treatment. This work is especially important for individuals navigating the complex intersection of substance use, mental health challenges, and involvement in the criminal justice system.

**The Montgomery County Adult Probation Department is a 2026 recipient of the Innovation Award presented by OJAAC and the Chief Probation Officers Association!**

ADAMHS contributes to far more than funding. Its role as a community resource and training partner helps strengthen the knowledge, skills, and capacity of providers throughout Montgomery County. By investing in professional development, collaboration, and innovative approaches to behavioral health, ADAMHS helps build a stronger network of care for individuals and families across our community. We are proud to partner with an organization whose commitment to behavioral health and recovery helps make these opportunities possible.

## Montgomery County Adult Probation: Leading a More Client-Centered Approach to Justice

We also want to recognize the Montgomery County Adult Probation Department, Chief Carlos Walker, and the Montgomery County Court of Common Pleas judicial bench for their visionary leadership and commitment to transforming the landscape of criminal justice.

Through a progressive, client-centered approach, Chief Walker and the Probation Department, with the support of the Court's judicial leadership, are helping advance a model of justice that recognizes the importance of addressing the individual needs and circumstances that contribute to justice system involvement. This approach emphasizes meaningful intervention, accountability, access to services, and opportunities for lasting change.

Their leadership has earned well-deserved recognition. The Montgomery County Adult Probation Department is a **2026 recipient of the Innovation Award presented by OJAAC and the Chief Probation Officers Association**, reflecting its commitment to innovative practices and continued advancement in community corrections.

At MonDay, we understand that successful outcomes require more than any one agency can accomplish alone. They depend on strong partnerships, shared goals, and a willingness to challenge traditional approaches in favor of strategies that better serve individuals and the community. We are grateful to work alongside leaders who recognize that accountability and rehabilitation can—and must—work together.

Building a Stronger Community Together

These partnerships reflect what is possible when organizations invest in people, embrace innovation, and work toward a shared vision of safer communities and lasting recovery. We thank ADAMHS, Montgomery County Adult Probation, Chief Walker, the judicial bench, and all our community partners for their continued collaboration and dedication.

*Together, we are advancing MonDay's mission of providing hope, healing, and a structured path to recovery—helping residents move beyond justice system involvement and toward healthier, more stable futures.*

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# WHAT IS NEW IN THE DEPARTMENTS?

## Accounting & Admin – Douglas Moss

### Exciting Funding Updates & Monday Merchandise News

***Expanding Access to Recovery Services***

We are excited to share that MonDay has secured a two-year grant from the *OneOhio Recovery Foundation* to expand access to our Medications for Opioid Use Disorder (MOUD) services. This investment will strengthen our ability to provide evidence-based treatment and support positive outcomes for individuals impacted by opioid use disorders.

We have also received continued reimbursement support from ADAMHS through December 2026 for several essential services:

- Medication for Opioid Use Disorder (MOUD)
- Eye Movement Desensitization and Reprocessing (EMDR)
- Mindfulness Services
- Peer Recovery Support Services

This funding helps expand access to critical recovery and behavioral health services, reinforcing our commitment to comprehensive, person-centered care. We are grateful to our community partners for investing in the health, well-being, and future success of the individuals we serve.

We continue to seek out funding sources to further expand and improve the already amazing services we provide.

*MonDay Cold-weather Pullovers Coming Soon!*
Show your MonDay pride! We will soon be placing an order for our popular MonDay sweatshirts. Details about available options, ordering instructions, and deadlines will be shared soon.



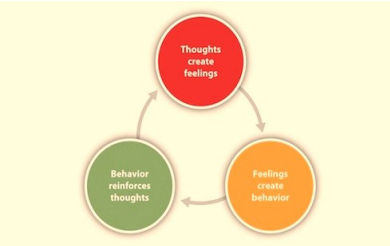
*Stay tuned and get ready to show your MonDay spirit!*

## Clinical Services – Keeley Casey

### GROWTH, INNOVATION & RECOVERY

Over the past quarter, there have been several changes and developments within the Clinical Department. Laurie Johnson, our Mindfulness Coordinator, is enjoying her well-deserved retirement. Abby Neer has stepped into the role of Mindfulness Coordinator after serving as the RSAT clinician for nine years. Ms. Neer is working to expand the mindfulness program and has created a mindfulness library for residents on each floor.

New clinical staff are currently being trained in the University of Cincinnati Cognitive Behavioral Interventions for Substance Abuse Curriculum. This training reflects MonDay's continued investment in our clinical staff, strengthening their skills, expanding their professional development, and ensuring they have the knowledge and tools needed to deliver high-quality, evidence-based care. By investing in our team, we invest in the growth and success of the residents we serve.




Clinical staff continues to make improvements to our supportive programming by updating MonDay's resident node-link mapping packets to ensure they remain current, relevant, and tailored to residents' treatment needs while supporting program advancement, individual accountability, and continued growth in recovery. Node-link mapping is a visual, cognitive-behavioral technique used in addiction treatment to help residents understand the connections between their thoughts, feelings, behaviors, and the consequences of their choices. Rather than simply discussing a situation, residents create a visual map showing how one decision or experience connects to another.

We continue to leverage Journey.do to enhance clinical documentation and support individualized treatment planning, while reducing administrative burdens and freeing up valuable time for clinical staff to engage in more meaningful, direct contact with residents.

Residents continue to engage with the Montgomery County Re-Entry Career Alliance and Miami Valley Works, while MonDay's Vocational Department plays a vital role in building employment skills and preparing residents for success after release. We are also excited to soon welcome an OhioMeansJobs satellite center at MonDay, expanding access for both men and women to job-search resources, career guidance, and additional training opportunities. MonDay is extremely grateful for these partnerships, as they reflect our ongoing commitment to helping residents build meaningful careers and establish a strong foundation for successful reentry.

Through continued staff development, innovative clinical practices, and strong community partnerships, MonDay remains committed to providing individualized, evidence-based services that empower residents to build healthier lives and achieve lasting success in recovery and reentry.

## OPERATIONS TEAM UPDATE – STEPHANIE HOBBS

Our Operations Team continues to play a vital role in maintaining a safe, structured, and supportive environment for residents and staff. Through teamwork, dedication, and professionalism, they help advance MonDay's mission and make a meaningful difference every day.

### *PREA Cameras*

Installation of the new PREA cameras is underway, with the goal of having the cameras installed and operational by the middle of next week. This upgrade supports our ongoing commitment to resident safety, staff accountability, and compliance with PREA requirements. These improvements are an important part of maintaining a safe and secure environment and ensuring appropriate monitoring measures are in place throughout the facility.

### *Facility Improvements: Inspirational Artwork*



The new paintings outside the resident dormitories, created by Mr. Garber, are nearing completion! These original pieces are designed to inspire, offering positive messages and visual reminders of hope, growth, and the potential for change. More than simply brightening the space, the artwork reflects the belief that our environment can reinforce the values at the heart of MonDay's mission: hope, healing, personal growth, and a path toward a better future.

We appreciate Mr. Garber's time, creativity, and effort in bringing these meaningful additions to life. His work helps create a more welcoming environment and serves as a daily reminder to residents and staff alike that positive change is always possible.

### *Changing Seasons*

The MonDay Garden was an enormous success this year! With the help and guidance of Mr. Kostic and Ms. Wingeier, residents worked hard throughout the growing season to cultivate and harvest a beautiful variety of vegetables.

The garden represents more than a successful harvest. It provides residents with opportunities to develop responsibility, practice teamwork, learn practical skills, and experience the satisfaction that comes from nurturing something over time. Gardening also reinforces the importance of patience, consistency, and commitment, all qualities that support personal growth and successful reintegration into the community. We are grateful to Mr. Kostic, Ms. Wingeier, and the residents who helped make this year's garden such a success!

As the growing season comes to a close, the holidays are approaching and colder weather is on the way. Please begin preparing for the winter season, take appropriate precautions, and remain mindful of changing weather conditions.

Thank you for your continued efforts to maintain a safe, welcoming, and professional environment for everyone at MonDay CCI.

## Maintenance & Facility Updates – Adam Osterday

As fall continues, Maintenance is working to get the facility ready for winter. Crews have been cleaning up flower beds and resident gardens, mowing grass, and working alongside residents to trim trees and clear brushes along the fence lines. New door strikes have been installed throughout the facility. The Ohio Means Jobs rooms have been painted and set up by residents.




Over the coming weeks, Maintenance will be patching potholes, filling in areas where dirt has washed away from the summer rains, and working with vendors to install the new PREA cameras. We will also be preparing the facility's heating equipment and making sure our snow removal equipment is ready for the winter season.

## HUMAN RESOURCES – Charmaine Bennett




### *Welcome to the Team & Celebrating Growth!*

MonDay CCI continues to grow, and we are excited to welcome our newest team members while recognizing the staff who have stepped into new roles. Each individual brings valuable skills and perspectives that strengthen our mission of providing hope, healing, and a structured path to recovery.

### *New Hires:*

Operations Department

Please join us in welcoming our newest Operations team members!

- Sarah Beavers — B2 Resident Leader | July 13, 2026
- Deja Waters — B1 Resident Leader | July 27, 2026
- Thron Nash — A1 Resident Leader | August 10, 2026
- David Smith — A1 Resident Leader | September 14, 2026
- Taylor Aguilar — A1 Resident Leader | September 14, 2026
- Aisha White — B1 Resident Leader | September 14, 2026
- Javon Johnson — B2 Resident Leader | October 5, 2026
- Antwan Smith — B1 Resident Leader | October 26, 2026

**We are glad to have each of you on board and look forward to the contributions you will make to our residents, our team, and our shared mission!**

Clinical Department

We are also pleased to welcome the following members to our Clinical team:

- Vanessa Allen — Male Floor 2 Clinician II | July 27, 2026
- Erika Getter — Female Floor Clinician II | August 24, 2026

- Whitney Higgs — Male Floor 2 Primary Therapist | September 14, 2026

### *Congratulations on Your Promotions!*

Please join us in congratulating two team members as they take on new responsibilities and continue to contribute to MonDay's success.

- Abby Neer — Mindfulness Coordinator | September 2, 2026
- Derrick Bramble — Career Development Case Manager | October 26, 2026

Congratulations, Abby, and Derrick! We appreciate your continued dedication and wish you success in your new roles.

**We are Hiring! Help Us Grow Our Team**

MonDay is currently recruiting for Resident Leader positions. We are looking for individuals who are committed to supporting a safe, structured, and positive environment for our residents.

We also encourage current staff to help us identify great candidates who would be a strong addition to the MonDay team.

## Referral and Sign-On Incentives for Hard-to-Fill Positions



- **New hires:** A $500 sign-on bonus upon successful completion of the six-month review period.
- **Staff referrals:** A $100 referral bonus for staff members whose referred candidate is hired and completes the six-month review period.

Thank you for helping us build a strong team! Your referrals and support play an important role in bringing dedicated people into our organization and advancing the work we do every day.

# Breast Cancer Awareness Month – October 2026



MonDay staff proudly wore pink to show their support for Breast Cancer Awareness Month and to honor those affected by breast cancer.