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MonDay
Community Correctional Institution
Est. 1978

MONDAY COMMUNITY CORRECTIONAL INSTITUTION

Agency Service Plan

Version 1.0

Document: MCCI Agency Service Plan

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Effective Date: 9/22/2026

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Approved By: MonDay Community Correctional Institution Facility Governing Board

Signatures of Responsible Parties

MCCI FGB Chairperson: Signed by: 7AB10BE8932340A...

MCCI Director: Benjamin M. Sexton Signed by: AFDB697A522940B...

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SECTION 1: AGENCY OVERVIEW

MonDay Community Correctional Institution (MonDay) is Ohio's first publicly operated Community-Based Correctional Facility (CBCF), established in 1978 as an alternative to traditional incarceration. MonDay serves justice-impacted adults whose needs may include substance use disorders, mental health conditions, trauma, criminogenic risk factors, and other barriers to successful community living.

MonDay integrates structured supervision with evidence-based behavioral health treatment, education, vocational programming, life-skills development, recovery support, and community reintegration services. The agency's purpose is to improve public safety by helping residents achieve lasting recovery, develop practical skills, and successfully return to their communities.

CBCF Model

CBCFs provide courts with a structured residential treatment alternative that combines accountability, supervision, behavioral health treatment, and preparation for community reintegration. MonDay emphasizes personal responsibility, behavioral change, recovery, and development of skills that support long-term stability.

Behavioral Health Approach

MonDay's treatment approach is person-centered, trauma-informed, recovery-oriented, and evidence-based. Services are individualized according to each resident's strengths, needs, abilities, preferences, and behavioral health goals.

- Cognitive Behavioral Therapy (CBT)
- Motivational Interviewing (MI)
- Recovery-Oriented Systems of Care (ROSC)
- Trauma-Informed Care
- Medication for Opioid Use Disorder (MOUD)
- Mindfulness-based interventions
- Peer Recovery Support Services
- Coaching-informed clinical practice
- Individualized treatment planning and outcome measurement

SECTION 2: MISSION

MonDay helps justice-impacted individuals achieve lasting recovery and successful community reintegration through evidence-based mental health treatment, substance use treatment, education, and life-skills development. By combining accountability with compassionate support, we help people rebuild their lives, strengthen families, and create safer communities.

Mission in Practice

- Deliver evidence-based, person-centered behavioral health treatment.
- Integrate accountability with compassionate, trauma-informed care.
- Address behavioral health and criminogenic factors associated with justice involvement.
- Promote education, vocational development, and independent living skills.
- Collaborate with community partners to support continuity of care.
- Use quality improvement, outcome measurement, and evidence-based practice to improve services.

Every employee, volunteer, contractor, and partner organization shares responsibility for advancing this mission.

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SECTION 3: VISION

A future where every justice-impacted individual has the opportunity, support, and skills to achieve lasting recovery, lead a purposeful life, and contribute to safer, stronger communities.

Vision in Practice

- Empower residents to achieve lasting recovery and emotional wellness.
- Promote reintegration through education, employment readiness, and life-skills development.
- Provide evidence-based, person-centered behavioral healthcare.
- Foster accountability while recognizing each individual's capacity for growth and change.
- Reduce recidivism by addressing behavioral health and criminogenic factors.
- Strengthen families and communities through healthy relationships and recovery supports.
- Cultivate innovation, collaboration, professionalism, and continuous quality improvement.

SECTION 4: CORE VALUES

MonDay's core values guide interactions with residents, staff, community partners, and the public and reinforce professional excellence, behavioral healthcare, and public safety.

Hope: Every individual possesses the capacity for growth, recovery, and positive change.

Accountability: Personal responsibility supports lasting recovery and successful community reintegration.

Compassion: Individuals are treated with dignity, respect, empathy, and fairness.

Integrity: MonDay acts honestly, ethically, and transparently.

Evidence-Based Practice: Clinical decisions are guided by research, professional standards, and measurable outcomes.

Professionalism: Staff maintain ethical behavior, boundaries, respectful communication, and accountability.

Collaboration: Recovery is strengthened through teamwork among residents, staff, families, providers, courts, and community partners.

Innovation: Continuous learning and emerging practices are used to strengthen services and outcomes.

Respect: The inherent dignity and worth of every individual are honored.

Service: Work is centered on improving the lives of those served and strengthening communities.

MonDay Promise

We believe every person has the capacity to change. Through accountability, compassion, and evidence-based care, we empower recovery, restore hope, and create opportunities for lasting success.

SECTION 5: ORGANIZATIONAL PHILOSOPHY

MonDay believes lasting behavioral change is possible when accountability is combined with evidence-based treatment, compassionate support, and meaningful opportunities for personal growth. Behavioral health needs may include substance use disorders, mental illness, trauma, adverse childhood experiences, and social or environmental barriers.

Guiding Principles

- Person-Centered Care — Residents are active participants in treatment planning and decision-making.
- Recovery-Oriented Care — Recovery is a continuing process supported by hope, self-direction, resilience, and community resources.
- Evidence-Based Practice — Services use research-supported approaches appropriate to individual needs.
- Trauma-Informed Care — Services recognize the impact of trauma while promoting safety, trust, empowerment, and appropriate accountability.

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- Integrated Behavioral Healthcare — Mental health, substance use, physical health, education, vocational development, and life skills are addressed as interconnected needs.
- Accountability and Personal Responsibility — Residents are supported in recognizing consequences and developing healthier patterns of thinking and behavior.
- Continuous Quality Improvement — Services are evaluated through data, resident feedback, supervision, performance measurement, and quality improvement activities.

MonDay strives to provide ethical, compassionate, culturally responsive, and clinically effective services that help residents build healthier lives and successfully reintegrate into their communities.

SECTION 6: POPULATION SERVED

MonDay serves justice-impacted adults sentenced by Ohio courts to participate in a CBCF program as an alternative to traditional incarceration. Residents are referred through the criminal justice system based on eligibility criteria established by Ohio law and the Ohio Department of Rehabilitation and Correction (ODRC).

Common Characteristics and Needs

- Moderate to high criminogenic risk and treatment needs.
- Substance use disorders, including opioid, stimulant, alcohol, cannabis, or polysubstance use.
- Co-occurring mental health and substance use disorders.
- Trauma histories and adverse childhood experiences.
- Criminogenic thinking patterns, impulsivity, and impaired problem-solving.
- Educational, vocational, employment, housing, or independent-living barriers.
- Limited pro-social supports or community resources.
- Medical or other needs requiring coordination of care.

Services are individualized through comprehensive assessment and collaborative planning and reflect each resident's strengths, needs, abilities, preferences, goals, and cultural considerations.

Equity and Access

MonDay provides services without discrimination based on protected characteristics and provides reasonable accommodations consistent with applicable law, including the Americans with Disabilities Act (ADA).

SECTION 7: BEHAVIORAL HEALTH NEEDS OF THE POPULATION SERVED

Residents commonly present with interrelated behavioral health and criminogenic needs requiring comprehensive, integrated, and evidence-based treatment. Assessment may identify substance use disorders; co-occurring mental health conditions; trauma-related symptoms; emotional dysregulation; antisocial or criminogenic thinking; limited coping and relapse-prevention skills; communication or conflict-resolution difficulties; family or social-support challenges; and educational, vocational, or independent-living barriers.

Assessment and Individualization

Each resident receives a comprehensive assessment addressing behavioral health symptoms, substance use history, criminogenic risk factors, trauma history, medical needs, psychosocial functioning, strengths, and recovery goals. Findings guide an individualized Service Plan that is reviewed and revised as treatment needs and progress change.

Comprehensive Recovery Approach

MonDay addresses the whole person by integrating behavioral health treatment with education, vocational development, life-skills training, peer support, and community reintegration planning. Services are delivered in accordance with Ohio Administrative Code 5122-26-09 and applicable certification and professional standards.

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SECTION 8: GOALS OF THE SERVICE PLAN

The Agency Service Plan provides the framework for individualized resident goals. Each resident's Service Plan is based on comprehensive assessment, developed collaboratively, measurable, clinically appropriate, and reviewed as needed.

Behavioral Health Recovery

- Improve emotional and psychological well-being.
- Reduce behavioral health symptoms and improve functioning.
- Increase emotional regulation, resilience, and coping skills.

Substance Use Recovery

- Achieve and maintain recovery.
- Develop relapse-prevention and recovery-support skills.
- Use MOUD when clinically indicated.

Criminogenic Risk Reduction

- Reduce criminal thinking and behavior.
- Improve decision-making and problem-solving.
- Increase accountability and prosocial behavior.

Trauma Recovery

- Increase understanding of trauma's impact.
- Develop healthy coping and emotional-regulation skills.
- Strengthen safety, resilience, and healthy relationships.

Education and Employment

- Improve educational achievement.
- Develop vocational and employment skills.
- Increase work readiness, financial literacy, and independent-living skills.

Community Reintegration

- Develop discharge and aftercare plans.
- Strengthen family and community supports.
- Secure appropriate housing, healthcare, behavioral health, recovery, education, and employment resources.

Individualization

Plans consider diagnoses, substance use needs, criminogenic risk and responsivity factors, medical and psychiatric needs, trauma history, educational and vocational needs, strengths and protective factors, preferences, goals, and cultural or linguistic considerations.

Service Plans are reviewed and updated when there is a significant change in clinical status, level of care, treatment goals, treatment needs, or transition/discharge planning. MonDay develops, implements, reviews, and revises Service Plans in accordance with OAC 5122-26-09.

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SECTION 9: BEHAVIORAL HEALTH SERVICES PROVIDED

MonDay provides a continuum of individualized behavioral health and supportive services within a structured correctional treatment environment.

Comprehensive Assessment

- Mental health and substance use functioning.
- Co-occurring disorders and trauma history.
- Criminogenic risk and needs.
- Medical, psychosocial, educational, vocational, and support-system needs.
- Strengths and protective factors.

Mental Health Services

- Individual and group counseling.
- Crisis intervention and behavioral health assessment.
- Mental health monitoring.
- Psychiatric consultation and medication management.
- Trauma-informed and emotional-regulation interventions.

Substance Use Disorder Treatment

- Individual and group counseling.
- Relapse prevention and recovery education.
- Motivational enhancement.
- Recovery support planning.
- MOUD and recovery-oriented discharge planning.

Medication for Opioid Use Disorder

- Medication evaluation and monitoring.
- Buprenorphine treatment.
- Extended-release naltrexone (Vivitrol).
- Recovery support and coordination of community medication services.

Individual and Group Treatment

- Treatment planning and behavioral change.
- Substance use recovery and mental health stabilization.
- Trauma recovery, problem-solving, and goal development.
- Recovery skills, cognitive restructuring, criminal thinking, emotional regulation, communication, life skills, relapse prevention, mindfulness, and peer support.

Cognitive Behavioral and Trauma-Informed Programming

- CBT interventions addressing thinking patterns, accountability, decision-making, problem-solving, prosocial behavior, and self-regulation.
- Trauma-informed practices emphasizing safety, trust, empowerment, and emotional regulation.

Peer Recovery and Mindfulness

- Peer recovery support, recovery-resource navigation, recovery capital, and community transition.
- Mindfulness, stress reduction, relaxation, emotional awareness, and healthy coping strategies.

Case Management

- Service coordination and community referrals.
- Housing, employment, education, benefits, healthcare linkage, and aftercare planning.

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Educational, Vocational, and Life-Skills Services

- GED preparation and adult education.
- Career development, vocational training, employment readiness, resume and interview preparation.
- Financial literacy, communication, relationships, parenting, budgeting, time management, conflict resolution, and independent living.

Discharge and Reintegration

- Individualized discharge planning.
- Community behavioral health referrals and medication continuity.
- Recovery, housing, employment, education, and follow-up resources.

Services are person-centered, recovery-oriented, trauma-informed, evidence-based, culturally responsive, strengths-based, individualized, and focused on measurable outcomes.

SECTION 10: SERVICES OFFERED THROUGH REFERRAL AND COMMUNITY PARTNERSHIPS

When a resident's identified needs exceed the scope of services available at MonDay, referrals are coordinated with qualified community providers based on clinical need, resident preference when appropriate, and continuity-of-care considerations.

Medical and Specialized Care

- Primary and specialty medical care.
- Hospital, emergency, dental, vision, laboratory, diagnostic, and specialty pharmacy services.

Specialized Behavioral Health

- Inpatient psychiatric care, crisis stabilization, psychological or neuropsychological evaluation.
- Intensive outpatient, partial hospitalization, residential, specialized trauma, eating-disorder, and intellectual/developmental-disability services when indicated.

Medication Services

- Psychiatric medication management, MOUD, community pharmacy coordination, long-acting injectable services, and community prescribers.

Recovery Support

- Peer recovery support, recovery housing, recovery community organizations, mutual aid, recovery coaching, faith-based resources, and family supports.

Housing and Community Reintegration

- Transitional, recovery, permanent supportive, and emergency housing resources.
- Community resource navigation.

Employment and Education

- OhioMeansJobs, vocational rehabilitation, career counseling, workforce development, adult education, GED preparation, postsecondary education, and financial literacy resources.

Benefits and Social Services

- Medicaid, Social Security, veteran services, food assistance, transportation, child support, legal assistance, and community case management.

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Criminal Justice and Community Partnerships

- ODRC, courts, probation, prosecutors, defense counsel, law enforcement, community corrections, ADAMHS Boards, behavioral health providers, healthcare organizations, educational institutions, employers, and community organizations.

Coordination of Care

Referral coordination may include sharing appropriate information with authorization or as permitted by law, scheduling follow-up appointments, medication continuity, discharge planning, communication with providers, case management, and monitoring referral completion.

SECTION 11: ADMISSION, ASSESSMENT, AND INTAKE PROCESS

MonDay admits justice-impacted adults sentenced by an Ohio court who meet ODRC eligibility requirements for CBCF placement. Prior to admission, referral information is reviewed for eligibility and immediate behavioral health, medical, and security needs.

Admission and Orientation

1. Verify court commitment and legal documentation.
2. Review available medical, behavioral health, and criminal justice records.
3. Orient residents to facility rules, rights, responsibilities, services, and expectations.
4. Screen for urgent medical, psychiatric, and safety concerns.
5. Assign appropriate housing and programming.
6. Introduce residents to treatment expectations and the therapeutic community.

Comprehensive Assessment

Assessment evaluates mental health, substance use, co-occurring conditions, trauma and ACEs, suicide or violence risk as clinically indicated, medical needs, family and social supports, education, employment, housing, financial and legal concerns, community resources, and criminogenic factors such as criminal thinking, decision-making, impulsivity, peer associations, substance use, employment, education, family relationships, and leisure activities.

Ongoing Assessment

Assessment continues throughout treatment. Additional assessment may occur when clinically indicated by changes in mental health, medical needs, substance use, risk factors, or discharge planning. Findings guide and update the resident's Service Plan.

SECTION 12: INDIVIDUALIZED SERVICE PLANNING

MonDay develops individualized Service Plans following comprehensive assessment. Planning is collaborative and actively involves the resident and, when appropriate and authorized, family members or other identified supports.

Service Plan Components

- Behavioral health diagnoses, when applicable.
- Resident-identified strengths and protective factors.
- Individualized treatment goals and measurable objectives.
- Clinical interventions and responsible treatment providers.
- Target dates for review.
- Discharge and transition planning considerations.
- Documentation of resident participation.

Resident Participation

- Identify personal strengths and recovery goals.
- Discuss treatment preferences and barriers to recovery.

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- Evaluate progress and participate in revisions.
- Prepare for discharge and community reintegration.

Review, Collaboration, and Documentation

Service Plans are reviewed at clinically appropriate intervals and when significant changes occur, including achievement of goals, changes in behavioral health or medical needs, new assessment information, resident request, clinical recommendations, or transition/discharge planning.

Interdisciplinary collaboration may include clinical, medical, psychiatric, case management, recovery support, educational, vocational, and correctional staff and, when authorized, community providers, probation, family members, and other supports. Documentation is maintained in accordance with agency policy, OAC 5122-26-09, OhioMHAS standards, HIPAA, and applicable federal confidentiality requirements including 42 CFR Part 2.

MonDay views the Service Plan as a dynamic clinical tool that guides interventions, measures progress, and supports meaningful recovery and community reintegration.

SECTION 13: RESIDENT RIGHTS, RESPONSIBILITIES, AND PARTICIPATION

Resident Rights

- Be treated with dignity, respect, fairness, and professionalism.
- Receive services without unlawful discrimination.
- Participate in development, review, and revision of the individualized Service Plan.
- Receive services consistent with safety, security, and clinical needs.
- Be informed of treatment options and participate in treatment decisions.
- Receive evidence-based, person-centered, trauma-informed care.
- Have health information protected under applicable confidentiality laws.
- Voice concerns and file grievances without retaliation.
- Receive information about policies, procedures, and expectations.
- Request reasonable ADA accommodations and communication assistance when needed.

Resident Responsibilities

- Participate actively in assigned treatment services and work toward Service Plan goals.
- Respect residents, staff, volunteers, and visitors.
- Follow facility rules and program expectations.
- Maintain appropriate professional boundaries.
- Communicate honestly and respectfully.
- Protect the privacy of others and report safety concerns.
- Contribute to a safe, respectful, recovery-oriented environment.

Participation, Confidentiality, and Grievances

Residents are encouraged to identify goals, provide feedback, participate in treatment and discharge planning, and use educational, vocational, and recovery resources. MonDay protects confidentiality under HIPAA, 42 CFR Part 2 when applicable, Ohio law, and professional standards. Established grievance procedures allow residents to submit concerns, receive review, appeal when appropriate, and receive information regarding outcomes.

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SECTION 14: FAMILY INVOLVEMENT AND SUPPORT SYSTEMS

Family members, significant others, and other supportive individuals may contribute to recovery and successful community reintegration. When appropriate and with the resident's informed consent, MonDay encourages involvement based on resident preference, clinical needs, safety, and applicable confidentiality requirements.

Appropriate Participation

- Treatment planning and discharge planning.
- Family education regarding recovery and behavioral health conditions.
- Coordination with community providers.
- Identification of healthy support systems and recovery resources.

Confidentiality and Support Networks

Information is shared with family or other supports only with written authorization or as otherwise permitted or required by law. Residents maintain the right to determine who participates in care and what information may be shared, subject to legal requirements.

Support networks may include family, significant others, peer recovery supporters, faith communities, recovery organizations, employers, educational institutions, behavioral health providers, mentors, and other prosocial supports. When healthy family supports are unavailable, MonDay helps residents establish appropriate boundaries and develop new support systems.

SECTION 15: CONTINUITY OF CARE AND DISCHARGE PLANNING

Discharge planning begins upon admission and is refined throughout treatment. The goal is to prepare residents with the skills, resources, and support systems needed to sustain recovery and successfully reintegrate into the community.

Individualized Discharge Planning

- Continued behavioral health and substance use treatment.
- Medication continuity and management, including MOUD when applicable.
- Medical and psychiatric follow-up.
- Housing and living arrangements.
- Employment, vocational, and educational opportunities.
- Transportation and community supervision requirements.
- Family and social supports.
- Community resource referrals.

Community Coordination

Whenever possible, appointments and referrals are arranged before discharge. Coordination may include behavioral health agencies, MOUD providers, primary and psychiatric care, peer recovery services, recovery housing, employment and workforce programs, educational institutions, social services, probation/parole, and ADAMHS-funded providers. Information is shared in accordance with applicable confidentiality requirements.

Successful Reintegration

MonDay defines successful discharge as more than program completion. Residents are encouraged to continue treatment and recovery supports, secure stable housing and employment, pursue education, maintain healthy relationships, comply with community supervision, use positive coping skills, and continue personal growth.

Discharge planning and continuity of care are conducted in accordance with OAC 5122-26-09. Outcome information, referral completion, treatment engagement, and community collaboration are used to strengthen continuity of care and quality improvement.

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SECTION 16: QUALITY IMPROVEMENT AND PERFORMANCE MANAGEMENT

Continuous Quality Improvement (CQI) is an integral component of MonDay's organizational culture. CQI evaluates service effectiveness, clinical and resident outcomes, operational performance, resident satisfaction, and compliance with applicable requirements.

Quality Improvement Principles

- Resident-centered care
- Evidence-based practice
- Data-informed decision-making
- Continuous learning
- Staff engagement and accountability
- Interdisciplinary collaboration
- Regulatory compliance
- Organizational transparency

Quality Improvement Plan and Measures

MonDay maintains a written Quality Improvement Plan reviewed and approved annually by the Facility Governing Board. The plan establishes a framework for performance measurement, outcome evaluation, clinical quality monitoring, risk management, resident satisfaction, staff development, regulatory compliance, and organizational improvement.

Clinical and Treatment Measures

- Program completion and behavioral health outcomes.
- Substance use recovery and MOUD utilization.
- Treatment engagement and discharge planning.

Operational Measures

- Assessment and Service Plan timeliness.
- Documentation and clinical supervision.
- Staff training compliance and referral completion.

Resident and Community Outcomes

- Resident satisfaction and grievances.
- Community reintegration, employment, education, and housing outcomes.
- Recidivism indicators, as available.

CQI Activities and Oversight

CQI activities may include chart reviews, documentation audits, resident surveys, program evaluations, staff competency assessments, peer review, incident trend analysis, policy review, outcome analysis, and corrective action planning.

Clinical supervision supports clinical skill development, ethical and evidence-based practice, professional growth, documentation quality, resident-centered care, and compliance. MonDay promotes coaching-oriented supervision that encourages learning, accountability, and continuous development.

Innovation and evidence-based practices are evaluated through performance measurement and CQI. The Facility Governing Board provides oversight through review of performance data, outcomes, quality activities, and strategic priorities.

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SECTION 17: ACCESSIBILITY OF SERVICES AND COMMUNITY ACCESS

MonDay is committed to accessible, equitable, and responsive behavioral health services. Services are provided without discrimination and are designed to respect each person's dignity, culture, language, abilities, and individual needs.

Access and Accommodations

- Individualized and person-centered treatment planning.
- Evidence-based and trauma-informed services.
- Reasonable accommodations consistent with the ADA.
- Culturally responsive services.
- Language and communication assistance when needed.

Reasonable accommodations may include communication assistance, interpreter services, accessible educational materials, mobility accommodations, coordination with medical providers, assistive devices as appropriate, and modifications consistent with security and clinical requirements.

Public Access to Information

The Agency Service Plan, mission, vision, behavioral health service information, resident rights, grievance procedures, referral information, and contact information are made available through appropriate methods. The Agency Service Plan is available to residents, authorized family members and significant others, referral sources, community partners, and members of the public through the MonDay website, printed copies, electronic copies upon request, and staff review upon request.

Community Engagement

MonDay collaborates with courts, probation departments, behavioral health providers, ADAMHS Boards, recovery organizations, educational institutions, healthcare providers, employers, and community and criminal justice partners to strengthen access, continuity of care, and community reintegration.

Accessibility practices are reviewed periodically for consistency with OAC 5122-26-09, OhioMHAS standards, the ADA, and applicable federal and state requirements.

SECTION 18: GOVERNANCE, OVERSIGHT, AND ANNUAL REVIEW

MonDay is governed by a Facility Governing Board established in accordance with Ohio law. The Board provides strategic direction, organizational oversight, and accountability for behavioral health and correctional rehabilitation services.

Leadership Responsibility

The Director is responsible for implementation, administration, and evaluation of the Agency Service Plan. Department directors, clinical supervisors, and program managers implement the plan within their areas and ensure services are delivered according to established policies and procedures.

Standards and Requirements

- MonDay Mission, Vision, and Core Values.
- Ohio Administrative Code and applicable OhioMHAS requirements.
- Ohio Department of Rehabilitation and Correction requirements.
- American Correctional Association standards, as applicable.
- Applicable federal and state laws.
- Professional ethical standards.

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- Evidence-based behavioral health practices.

Annual Review

The Agency Service Plan is reviewed annually to ensure it remains current, responsive to community and resident needs, and consistent with regulatory and organizational priorities. The review considers behavioral health needs, program outcomes, resident and stakeholder feedback, CQI findings, regulatory changes, evidence-based practices, community resources, and strategic priorities.

Following review, revisions are made as necessary and the Agency Service Plan is submitted to the Facility Governing Board for approval. Documentation of approval is maintained in official agency records.

Distribution

Following approval, the current Agency Service Plan is made available to employees, residents, authorized family members and significant others, referral sources, community partners, funding agencies, accrediting and regulatory organizations, and members of the public. The current version is maintained on the MonDay website and is available in printed or electronic format upon request.

Agency Service Plan Approval

The undersigned acknowledge review and approval of the MonDay Community Correctional Institution Agency Service Plan. The approved plan serves as the agency's framework for behavioral health service delivery, quality improvement, accountability, and continuous organizational development.

Facility Governing Board Chair: Signed by: 7AB10BE8932340A... _____

MonDay Director: Signed by: Benjamin M. Sexton AFDB697A522940B... _____

Date: 9/22/2026